

## INFORMATION, REFERRALS AND APPOINTMENTS

For program information and referrals, please call 617-782-0505. For after-hour referrals or the crisis line call 617-782-3985.

Community Support Program clinicians are available to schedule appointments anytime between 8:00 a.m. and 8:00 p.m.

## ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.

Arbour Counseling Services is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), and is licensed by the Massachusetts Department of Public Health.



## COMMUNITY SUPPORT PROGRAM



**ARBOUR  
COUNSELING SERVICES**

*A Division Of Arbour Health System*

*Easy Access to Quality Mental Health Services*

[www.arbourhealth.com](http://www.arbourhealth.com)

14 FORDHAM ROAD, ALLSTON, MA 02134  
PHONE: 617-782-0505 FAX: 617-782-6444  
AFTER-HOURS REFERRAL/CRISIS LINE 617-782-3985





## PROGRAM DESCRIPTION

The Community Support Program (CSP) at Arbour Counseling Services is a community-based, voluntary, mobile case management and support service for adults, children and adolescents with psychiatric or substance abuse disorders. The program assists those who are considered to be at risk within the community. It provides services that are flexible and vary in duration, type, and intensity depending on the changing needs of each individual.

## PROGRAM COMPONENTS

Services include, but are not limited to:

- Assisting clients in enhancing their daily living skills
- Providing service coordination and linkage to community resources
- Assisting with obtaining benefits, housing, and healthcare
- Developing a crisis plan
- Providing psychoeducation regarding coping skills, parenting skills, safety planning, substance abuse, and behavior modification
- Assisting with transportation to health care providers to increase consistency of compliance
- Coordination with other health care providers including primary care
- Providing emotional support and fostering empowerment and recovery
- Access to a 24-hour crisis line is available to all clients for urgent support

## AREAS OF SERVICE

The Arbour Counseling Services has five sites providing Community Services for neighboring cities and towns:

### **Arbour Counseling Services, Allston**

14 Fordham Road, Allston, MA 02134

*Servicing:* Greater and Metro Boston

*Insurances:* BMC HealthNet, Fallon, Massachusetts Behavioral Health Partnership, Neighborhood Health Plan, Tufts Health Public Plan

*Languages spoken:* Spanish, Haitian Creole, Cape Verdean

### **Arbour Counseling Services, Fall River**

1082 Davol Street, Fall River, MA 02720

*Servicing:* Southeastern Massachusetts

*Insurances:* BMC HealthNet, Fallon, Tufts Health Public Plan, Neighborhood Health Plan

*Languages spoken:* Spanish, Haitian Creole, ASL

### **Arbour Counseling Services, Lawrence**

599 Canal Street, 3rd floor, Lawrence, MA 01840

*Servicing:* Northeast Region of Massachusetts

*Insurances:* BMC HealthNet, Fallon, Tufts Health Public Plan, Neighborhood Health Plan

*Languages spoken:* Spanish

### **Arbour Counseling Services, Worcester**

411 Chandler Street, Worcester, MA 01609

*Servicing:* All of Central Massachusetts

*Insurances:* BMC HealthNet, Fallon, Tufts Health Public Plan, Neighborhood Health Plan

*Languages spoken:* Spanish, Haitian Creole

### **Arbour Counseling Services, West Yarmouth**

134 Ansel Hallet Road, West Yarmouth, MA 02673

*Servicing:* All of Cape Cod

*Insurances:* BMC HealthNet, Fallon, Massachusetts Behavioral Health Partnership, Tufts Health Public Plan, Neighborhood Health Plan

*Languages spoken:* English only

