

INFORMATION AND REFERRALS

When a patient is being referred directly from a hospital, nursing home or assisted living facility, the team gathers as much information as possible prior to the patient's acceptance and transfer.

If the patient is being referred from an outpatient program, he or she will need to have a level-of-care evaluation by Pembroke's Evaluation Services Team.

Also, insurance authorization and medical clearance will need to be received prior to admission. Having complete clinical information allows Pembroke to make the transition easier for the patient.

Once the patient is on the unit, the clinical team – including the doctor, nurse and social worker – will begin a plan of care for his or her stay.

To make a referral, call the Intake department 24 hours a day, seven days a week at (800) 22-ACCES and ask for the Pembroke Hospital Older Adult Unit.



INSURANCE COVERAGE

Inpatient psychiatric care is a covered service of Medicare, Medicaid, and other health insurance programs. For more information about whether a specific patient has covered days which make him or her eligible for services at Pembroke Hospital, please call the Intake Department at (800) 22-ACCES (222-2237) and they will be able to assist you.

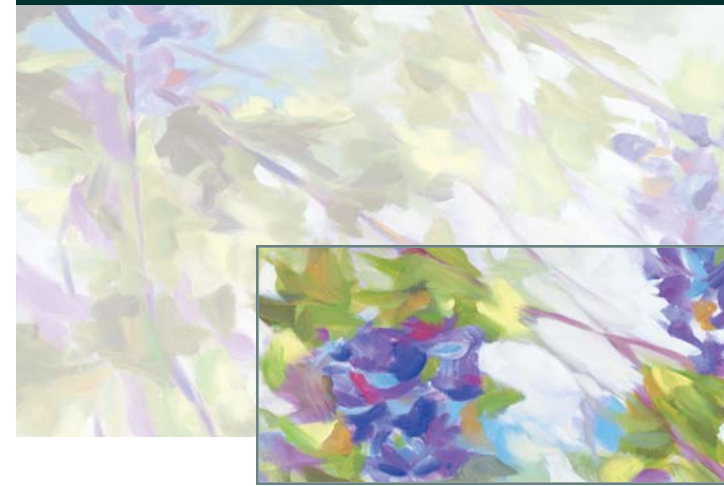
ABOUT PEMBROKE HOSPITAL

Pembroke Hospital provides comprehensive inpatient treatment for adolescents, adults and older adults. The hospital also offers partial hospitalization services for adolescents and adults. Its specialty programs include dual diagnosis services for individuals with co-occurring psychiatric and substance disorders. The hospital is licensed by the Massachusetts Department of Mental Health and accredited by The Joint Commission.

Pembroke Hospital is a division of Arbour Health System, the leading private behavioral health system in Massachusetts. In addition to Pembroke Hospital, Arbour Health System includes Arbour Hospital, Boston; Arbour-Fuller Hospital, South Attleboro; Arbour-HRI Hospital, Brookline; Westwood Lodge; Lowell Treatment Center; The Boston Center; Arbour Counseling Services, with eleven locations throughout eastern Massachusetts; Arbour SeniorCare; and Choate ESP.

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.



PEMBROKE OLDER ADULT INPATIENT PROGRAM



PEMBROKE
HOSPITAL

A Division Of Arbour Health System

199 Oak Street • Pembroke, MA 02359 • (781) 829-7000
Easy Access to Quality Mental Health Services
www.arbourhealth.com



DESCRIPTION OF PROGRAM

Pembroke Hospital's Older Adult Inpatient program is dedicated to meeting the needs of older adults with psychiatric and/or behavioral problems.

Designed to address both the mental health and physical needs of the older adult, the 19-bed unit offers a male and female geropsychiatrist, a medical consultant, nurse practitioner, two geriatric caseworkers and a nursing staff trained under the direction of a Master's-prepared nurse manager.

Many older adults become depressed following the loss of spouses or friends or if they are experiencing health or work related problems. Others experience anxiety, depression and other behavioral health problems while residing in assisted living, nursing and continuing care facilities. Older adults can also have long-standing or new issues of co-occurring psychiatric and substance disorders.

Therapies available as part of the Pembroke Hospital Older Adult Inpatient program offer stabilization and treatment of symptoms. Patients and their families find the treatment and support offered by the treatment team improves the quality of their lives and allow the patients to transition back to their community.

Program staff maintains ongoing communication with the patient's primary care physician, outpatient providers or extended care facility while the patient is in the program in order to ensure continuity of care. This also allows for focused discharge planning and links inpatient treatment with other levels of care including partial hospitalization, outpatient counseling and long-term care.

PROGRAM COMPONENTS

The Older Adult Inpatient program's interdisciplinary team of health care professionals provides:

- Individual assessments
- Psychiatric treatment
- Medication evaluation and monitoring
- Skilled nursing services
- Behavioral evaluation and treatment plan
- Neurobehavioral assessment and consultation
- Psychosocial assessment
- Medical consultation when needed
- Therapeutic milieu and structured group program
- Activities therapy
- Family involvement in education and treatment
- Case management and discharge planning
- Detoxification when needed
- Clinical liaison to provide follow-up information

PROGRAM GOALS

The primary objectives of this program are:

- Provide a comprehensive evaluation of the older adult
- Restore and maintain the patient's maximum level of functioning
- Support the patient's continued functioning in the community or in long-term care
- Provide information to the families and referral sources that will enhance their understanding of the patient's strengths and weaknesses and contribute to treatment planning goals
- Ensure a coordinated treatment approach
- Optimize the coping capacity for both the patient and the caregiver in the community.

ADMISSION CRITERIA

The program is appropriate for older adults who have the following presentations:

- A wide variety of psychiatric and co-occurring substance disorders
- Early dementia co-occurring with a psychiatric disorder.
- Cognitive limitations resulting in psychological and/or behavioral impairment
- Potential danger to self and others by reason of a mental illness
- Impaired functioning due to the psychiatric disorder strong enough to interfere with ordinary demands of the environment, including social, familial, education or occupational functioning

EXCLUSIONARY CRITERIA

The criteria include but are not limited to:

- Requiring continuous oxygen, IV fluids, J/G tubes or total parental nutrition
- Advanced dementia/Alzheimer's disease
- Need more than one person to assist with ADLs.

Patients with medical conditions such as resistant infections or wound care will be screened to determine if they are too acute to be managed appropriately at our free-standing psychiatric hospital. Please call Pam Kirby, RN, Director of Nursing, at (781) 829-7000 regarding any other specific medical conditions that may preclude patient acceptance into the program.