

INFORMATION AND REFERRALS

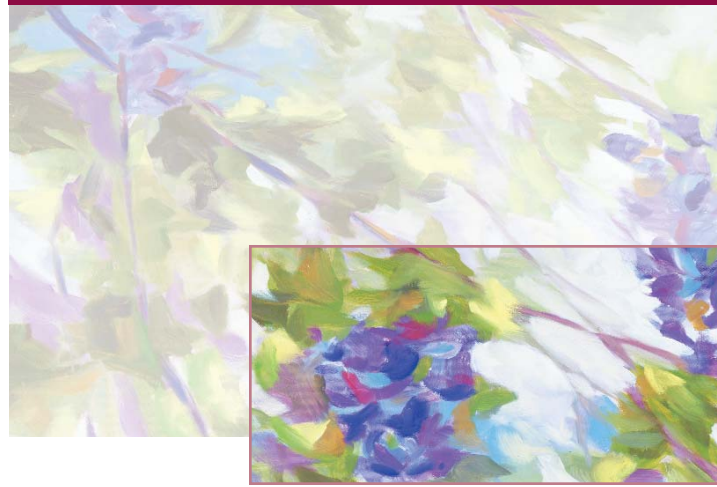
For more information and referrals please call the Developmental Disabilities Program staff at (508) 838-2273. Most insurances are accepted.

All referrers should complete a Patient Referral Form (available on the Arbour Health System website). The completed Form must be faxed to the Developmental Disabilities team at 508-838-2228 – this will be reviewed within 24 hours of receipt (includes business days only). The referral source will be notified if the patient will be admitted or placed on a waiting list.

Arbour-Fuller Hospital is a division of Arbour Health System, the leading private behavioral health system in Massachusetts. In addition to Arbour-Fuller Hospital, Arbour Health System includes Arbour Hospital, Boston; Arbour-HRI Hospital, Brookline; Pembroke Hospital; Westwood Lodge; Lowell Treatment Center; The Boston Center; Arbour Counseling Services, with eleven locations throughout eastern Massachusetts; Arbour SeniorCare; and Choate ESP.

ABOUT THE COVER

In all its beauty, the arbour is a symbol of comfort and hope, safety and shelter.



DEVELOPMENTAL DISABILITIES PROGRAM

A COLLABORATIVE VENTURE WITH
THE MASSACHUSETTS DEPARTMENT
OF MENTAL RETARDATION AND
ARBOUR-FULLER HOSPITAL



ARBOUR-FULLER
HOSPITAL
A Division Of Arbour Health System

200 May Street • South Attleboro, MA 02703 • (508) 761-8500
Easy Access to Quality Mental Health Services
www.arbourhealth.com





PROGRAM DESCRIPTION

The Developmental Disabilities Program at Arbour-Fuller has served adults with mental retardation and other developmental disabilities for over seventeen years. The program, begun in 1989, is a joint venture of Region V of The Department of Mental Retardation and Arbour-Fuller Hospital. Advocates, Inc provides clinical services and staff for the program. The success of the program has depended on the ability of the hospital and private and public agencies to successfully collaborate and coordinate inpatient treatment and outreach aftercare.

The program provides diagnosis and treatment to persons with mental retardation and behavioral or psychiatric disorders. The goal of the program is to enable patients to return to community living after a brief hospital stay. The program provides a safe, humane, therapeutic environment in which an individual's problem can be understood and treated. Emphasis is placed on enhancing the patient's opportunity to participate in normal, daily activities. Individual treatment planning is conducted with input from the patient, family, and community-based team.

ASSESSMENT AND EVALUATION

Persons with developmental disabilities undergo specialized assessments by psychologists, social workers, nurses, and a psychiatrist, including a medical assessment. The behavioral evaluation uses both standardized assessment instruments for the developmentally disabled population as well as individually designed functional analysis procedures. Behaviors are objectively defined and measured using individualized data collection instruments.

TREATMENT PHILOSOPHY

The goal of treatment is to strengthen social and adaptive behaviors and to teach replacement behaviors and functional alternatives to maladaptive behaviors.

PROGRAM COMPONENTS

Treatment is conducted through a multidisciplinary team that may include nurses, social workers, behavioral specialists, psychologists, psychiatrists and occupational therapists. Patients receive comprehensive medication, and psychological assessment.

The program also includes behavior therapy. Each patient's presenting problems are monitored on an ongoing basis, with bi-weekly team meetings to review progress. The Clinical Director, a full-time licensed psychologist, oversees all aspects of the program.

Program features include:

- Community involvement in intake and discharge planning
- Individualized behavior programs
- Twenty-four hour data collection on presenting problems
- Graphs of patient progress
- Medication evaluation and monitoring
- Structured daily schedule of activities to promote work, leisure, and social skills
- Intensive inpatient treatment with focus on diagnosis and stabilization
- Intensive patient/staff ratios

